

La Fidèle de Lausanne

A 32 bar strathspey for three couples in a triangular set.

Dedicated to Vanessa de Schoene who has been faithfully caring for the Scottish Country Dance group in Lausanne almost since time immemorial.

Bars Description

- 1-2 1st couple turn once round with both hands, opening out to face down with nearer hands joined.
- 3-6 1st couple dance down, out between the side couples, cast back up on their own sides and end facing each other in original places.
- 7-8 1st couple again turn once round with both hands opening out to face in.
- 9-12 All dance set and link for two couples and end facing partner around the set with the men facing clockwise and the women anticlockwise.
- 13-16 All dance half an interlocking reel of four starting by giving right shoulder to partner and on the last bar half turn partner with the left hand to end facing them around the set. The women are now facing clockwise, the men anticlockwise.
- 17-24 All dance a Bourrel-like sequence around the set:
 - Set advancing, passing partner left shoulder to face the next person.
 - Half turn them with both hands and twirl away to face the next person.
 - Set advancing, passing that person left shoulder to face partner.
 - Turn partner once round with the right hand (or both hands if preferred) to end in original places with the men facing in and the women facing out.
- 25-32 All dance a triangular Schiehallion reel progressing two places round the set to end in the order 3,1,2.

Music

- Tune: Vanessa's Pleasure (Marian Anderson)
- A 3x32 recording of this is available via <https://my.strathspey.org/u/murrough/recording/>
- The video used The Quaker's Daughter (Ian Robertson & Muriel Johnstone: A Reel for Alice).

Notes

- If the figure of bars 17-24 needs a name (which it probably does not) maybe Périphérel would do. With one syllable per two bars, pass on “pé” and “phé” and rotate (turn) on “riph” and “rel”.