A GLINT OF GOLD

32 Bar Strathspey for 4 couples

Bars	
1-4	1 st and 4 th couples cross and cast off one place; 2 nd and 3 rd couples step up or down.
5-8	1^{st} and 4^{th} couples dance left hands across once round while 2^{nd} and 3^{rd} couples chase $\frac{1}{2}$ way clockwise round the set; 3^{rd} man and 2^{nd} lady casting to begin.
9-10	3 rd couple face 1 st couple and 4 th couple face 2 nd couple. All set facing each other on the sidelines.
11-12	1 st and 3 rd men, 2 nd and 4 th ladies change places giving right hands and 2 nd and 4 th men, 1 st and 3 rd ladies change places giving left hands. 1 st couple dance to the top and 4 th couple to the foot of the dance.
13-16	3^{rd} couple dance ½ figure of eight up round first couple and 2^{nd} couple dance ½ figure of eight down round 4^{th} couple.
17-20	3^{rd} and 2^{nd} couples dance left hands across once round while 1^{st} and 4^{th} couples chase $\frac{1}{2}$ way clockwise round the set; 1^{st} man and 4^{th} lady casting to begin. Order now 4 3 2 1 on own sides of the dance.
21-22	4 th couple face 3 rd couple and 2 nd couple face 1 st couple. All set facing each other on the sidelines.
23-24	3^{rd} and 4^{th} men and 1^{st} and 2^{nd} ladies $1/2$ turn right hands 3^{rd} and 4^{th} ladies and 1^{st} and 2^{nd} men $1/2$ turn left hands so that 3^{rd} and 2^{nd} men dance out the men's side of the dance and 3^{rd} and 2^{nd} ladies dance out the ladies side of the dance to meet at the top and foot of the set, 1^{st} and 4^{th} couples step up or down.
25-28	2^{nd} couple dance up in front of first couple and behind 4^{th} couple as in $\frac{1}{2}$ figure of eight on the sidelines and 3^{rd} couple dance down in front of fourth couple and behind 1^{st} couple as in $\frac{1}{2}$ figure of eight
29-32	All four couples turn with both hands once round. Order now 2,4,1,3

Repeat from new positions.

Devised by James Stott of Ellon for Margaret Cowie of the Buckie Class on her 50th Birthday in 1997.