

FIRST FOOT AND FRIEND

A three couple, 32 bar Strathspey

1-4 All three couples half turn and twirl. (That is, with two hands turn partner half way, for a brief time retain hands, and then cast pulling right shoulder back to finish on opposite sides.) I should remark that I prefer to think of this as half turn, hesitation, and cast. It certainly makes the covering easier. This is the way that Alec Hay devised it.

5-8 Repeat back to original places.

9-12 First couple cross right hands and cast off one place finishing in second place facing down.

13-16 First couple dance a half figure of eight down round the third couple, crossing down and giving left hands, finishing passing left shoulders to face first corners.

17-20 First couple turn first corners with both hands (2 bars) and pass right shoulder to face second corners (2 bars).

21-24 First couple turn second corners with both hands (2 bars) and pass right shoulder to finish in second place on own side (2 bars).

25-32 All three couples dance six hands round and back.

Devised in March 2007 as a teaching dance for half figure of eight and to have similar simple corner movements to "Delvine Side". Given to Joanne Ang and Selwyn Ng, the latter being the "First Foot" at Hogmannay in the beginning of 2007. Recommended music is "Willie's Awa", by Neil Gow, and a suitable recording is for "Bydand", track 12 on "Dancing Forth", by Gordon Shand and his band.