

## JENNY FREEMAN'S STRATHSPEY

A two couple, 32 bar strathspey.

- 1-6** First woman, followed by her partner, casts down round second woman, dances across the set below second couple, casts up round second man and dances across the set back to original place. First couple finish facing second couple. Second couple turn to face up on bar 6.
- 7-8** First and second men and first and second women turn with right hands once round. First woman and second man finish facing out.
- 9-16** First and second couples dance a reel of four across. First man and second woman pass by left shoulders while first woman dances down the women's side and second man dances up the men's side to begin. At the end of the reel first woman and second man pass by right shoulders to finish in original places.
- 17-18** First and second men and first and second women turn with right hands once round.
- 19-20** First and second couples set once with nearer hands joined on the sides.
- 21-24** First and second couples dance four hands round to the left. At the beginning of bar 24 all drop hands and dance on to finish in original places.
- 25-32** First and second couples dance 'The Rose' progression.  
Repeat having passed a couple.  
The Rose Progression is a new progression.
- 25-26** First man and second woman set to each other  
while  
first woman and second man change places with right hands to finish facing out.
- 27-28** First man and second woman half turn with both hands to finish facing each other on the diagonal with hands joined  
while  
first woman dances up to first man's place and second man dances down to second woman's place.
- 29-30** First man and second woman cast to the right and dance out to the side-lines to finish in each other's place  
while  
first woman and second man half turn with both hands to finish facing each other on the diagonal with hands joined.

**31-32** First man dances across to second man's place  
while  
second woman dances across to first woman's place  
while  
first woman and second man cast to the right and dance out to the  
side-lines to finish with first woman in second woman's place and  
second man in first man's place.  
The movements should be danced is as round a shape as possible.

Devised in Wellington during November, 1993. Recommended tune - "The Brig  
O' Bervie" played ABAB.

Suitable music is "The Birks Of Invermay" recorded by Bobby Crowe and his  
Scottish Dance Band on "Music For Twelve Scottish Country Dances Book 16"  
(RSCDS 47), side 1, track 2.

Jenny is a good friend living in Wellington, New Zealand.