KRISTIN MACDONALD'S STRATHSPEY

A 32 bar strathspey for three couples in a longwise set.

1-8 First couple dance in towards each other (1 bar), dance down the middle with nearer hands joined (1 bar) to finish in the middle in second place facing partner, turn with both hands once round (2 bars) dancing down the set to finish in the middle in third place facing down, cast up (dancing down to begin) and dance up the side-lines to finish in original places while

second couple cast in and up to top place (2 bars), dance in towards each other (1 bar), dance down the middle with nearer hands joined (1 bar) to finish in the middle in second place facing partner, turn with both hands once round (2 bars) dancing down the set to finish in the middle in third place facing down and cast up (dancing down to begin) to finish in third place

while

third couple cast in and up to top place (4 bars), dance in towards each other (1 bar), dance down the middle with nearer hands joined (1 bar) to finish in the middle in second place facing partner and turn with both hands once round to finish in the middle in second place facing down.

- 9-16 First and third couples dance a Double Figure of Eight. First couple lead down with right hands and cross over while third couple cast up to begin. Dancers give right hands the first time they cross over and left hands the second time they cross over. Third couple finish on own sides in second place facing out.
- 17-22 First, third and second couples dance reels of three on own sides. First couple dance in and down, third couple dance out and up while second couple dance in and up to begin. Third couple finish facing out.
- 23-24 First couple dance down the middle with nearer hands joined to finish in the middle in second place facing down

while

third couple dance up the side-lines to top place

while

second couple turn with both hands once round to finish in the middle facing up.

25-26 Third couple turn with both hands once round to finish in the middle facing down

while

first and second couples set with nearer hands joined with partner.

27-28 Third couple set with nearer hands joined

while

first couple turn with both hands once round to finish in the middle facing

down while second couple continue setting.

29-30 Third couple dance down the middle with nearer hands joined and cast into second place

while

first couple dance down the middle with nearer hands joined and cast into third place

while second couple dance up own side-lines to top place.

31-32 Second, third and first couples set once with nearer hands joined on the sides.

Repeat with a new top couple.

Devised in Ithaca, New York, USA in September, 1992 and modified in June 1997.

Kristin is my wife. This was the first dance I ever wrote.

Recommended tune - "Ms Gillian McMullen Of Cambridge" composed by Ed Pearlman and played ABAB.

Suitable music - "Ms Gillian McMullen Of Cambridge" recorded by Ed Pearlman and Beth Robinson on "Boston Hospitality" (PAD101), side 2, track 3. Note that this music is played four times through.