



THE SKIPPING ROCK REEL

3 x 32 Bar Reel for three couples in a three couple longwise set.

Recommended Music: King's Croft or any good 3 x 32 reel

Devised by Joyce Lindsey, February 2006

- 1 – 8 All couples circle 6 hands around and back.
- 9 – 20 All dance 3 couple rights and lefts.
- 21 – 24 All dance back to back with partner.
- 25 – 26 1st Couple advance setting for 2, turning on the 2nd bar to face out (1st woman pulling back her right shoulder and 1st man pulling back his left shoulder).
- 27 – 28 1st man turn 2nd man with the left hand while 1st woman turns 2nd woman with the right hand. Finish with 1st couple in 2nd place and 2nd couple in 1st place.
- 29 – 32 1st and 3rd couples repeat bars 25 – 28.

Repeat with new 1st couple.

Dance inspiration:

In 2004, three couples traveled from Ohio to Nova Scotia for the International Scottish Country Dance School in Halifax. We enjoyed an afternoon of sightseeing before the school and stopped near Peggy's Cove. An activity we all enjoyed was SKIPPING ROCKS over a small body of water.

