

SYLVANDER & CLARINDA

32-bar Strathspey for two couples

Recommended music: Track 5 (8x32 Strathspey airs), *First Stop*, Waverley Station (A244/5)

Devised by Lee Fuell, Flying Ghillies Scottish Country Dancers, December 2005

- 1-4 First couple set, then set advancing to face each other.
- 5-8 First lady, pulling back her left shoulder, dances in front of and around second lady and through her own place to face second man while first man, pulling back his left shoulder, casts behind and below second man and dances across the set to face second woman. First couple pass left shoulders on bar eight. (*Note: As first couple cast away from each other on bar five, they should retain eye contact as long as possible.*)
- 9-16 First and second couples dance reel of four across the set. On bars 15 and 16, first couple turn with left hands to finish facing each other above second couple in the middle of the set on own sides.
- 17-20 First couple set to each other, then turn with both hands to finish facing down with near hands joined.
- 20-24 First couple dance down below second couple and cast up behind their own lines to original place. (*Note: As first couple cast away from each other on bar 23, they should retain eye contact as long as possible.*)
- 25-32 First and second couples dance the espagnole.