

Covid – NZ Story

(Social Distancing)

32 bar Strathspey for a four couple set

Bars:

- 1 - 4 1st **position** woman followed by partner, dance down behind women's line and cross the set to finish in fourth position on opposite side, WHILE 4th **position** man followed by partner, dance up behind man's line and cross the set to finish in first position on opposite side.
- 5 - 8 2nd **position** woman followed by 3rd **position** woman dance up through top couple and cast down opposite side to new positions WHILE 3rd **position** man followed by 2nd **position** man dance down through bottom couple and cast up opposite side to new positions. (Order 4, 3, 2, 1 on opposite side)
- 9 – 12 All-Box Setting Individually i.e. (bar 9-set to the right with a quarter turn on the hop by pulling right shoulder back). Bar 10, 11, 12 – repeat with left, right and left foot to finish in original position having completed a square and passing back-to-back with partner on Bar 11.
- 13 – 16 Couple in 1st **position** - set and cast to 3rd position – WHILE couple in 3rd **position** - set and dance up the middle (no hands) to top position.
- 17 – 20 The top two men, also the bottom two women – set, then advance for one step and retire for one step. (no hands)
- 21 – 24 The top two women, also the bottom two men – repeat bars 17- 20.
- 25 – 32 All dance a Reel-of-Four on the side .
(finish 2, 3, 4, 1 all on opposite side)
- (repeat 3 more times from alternate sides)

Suitable recorded music: Bobby Brown Band. CD – Celtic Fire –
disc 2, track 9
(selection of Strathspey)

Devised: M. Waite April-May 2020 while in lockdown for Covid-19
Wellington Region RSCDS Challenge – Devise A Dance- “social distancing”

Story:

1. Bars 1-8) To begin, with social distancing strongly recommended, we had 2 days to return home ready for lockdown level 4.
2. Bars 9 -16) Lockdown in our Bubble. Essential workers maintain social distancing while Bubbles allowed minimum exercise.
3. Bars 17-24) Testing increases dramatically with Medics in PPE clothing and still social distancing.
4. Bars 25-32) Moving down the levels and out of lockdown, social distancing still the priority with less restrictions BUT will the end ever be the old normal again?