

Spice It Up

32-bar jig for three couples in a three-couple longwise set



- 1-8 1st couple lead down middle and up.
 Stay in centre as 2nd and 3rd couples step in for...
- 9-16 1st, 2nd and 3rd couples dance an Allemande. (Finish 3, 2, 1)
- 17-20 3rd and 2nd couples (two top couples) set and link. (Finish 2, 3, 1)
- 21-24 3rd and 1st couples (two bottom couples) set and link. (Finish 2, 1, 3)
- 25-28 All three couples set and cross, giving right hands.
- 29-32 All three couples chase clockwise to own side. (Finish 3, 1, 2)
 Repeat from new positions.

Note: This dance also works well as a three couple dance in a four-couple set.
 The progression is unusual: 3, 1, 2, 4.

Devised by Merrill Heubach

Recommended music: "Spice It Up" on the CD *Spark O' Water*,
Music for Scottish Country Dancing by Keith Smith and Muriel Johnstone.

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 Also published in *Spark O' Water, Dances of Nova Scotia*.

SPICE IT UP					3x32 J
	1 2 3 A	3 2 S & LINK	3 1 S & LINK	2 1 3 S X_R	2x 1x 3x 

Merrill Heubach, Spark O' Water

3C/3C longwise set.