

Sailing Days on the Penobscot

32-bar strathspey for four couples in a four-couple longwise set

- 1-4 1st with 2nd couple and 3rd with 4th couple,
dance right hands across once round to the left.
- 5-8 1st couple cast off on own sides to fourth place,
WHILE 4th couple, with nearer hands joined, dance up the middle to first place.
- 9-16 2nd and 3rd couples dance a poussette.
- 17-20 4th couple cast off on own sides to fourth place,
WHILE 1st couple, with nearer hands joined, dance up the middle to first place.
- 21-22 1st and 2nd couples, taking nearer hands to face up and down the set,
set advancing and pass each other,
WHILE 3rd and 4th couples do the same.
- 23-24 1st and 4th couples set advancing and pass each other,
WHILE 2nd couple turn towards each other to finish in first place
and 3rd couple turn towards each other to finish in fourth place.
On bar 24, 1st couple is facing 3rd couple and 4th couple is facing 2nd couple.
- 25-32 Reels of four on the sides.
Repeat from new positions.

Devised by Ed Porter

Recommended music: "Sailing Days on the Penobscot" on the CD *Spark O' Water*,
Music for Scottish Country Dancing by Keith Smith and Muriel Johnstone

First published in *Spark O' Water*, *Dances of Nova Scotia*.

