

## Pat's Delight (or Does Anyone Want My Body?)

32-bar strathspey for three couples in a three-couple longwise set

- 1-2 1st couple, giving both hands, turn halfway and, releasing hands and pulling back right shoulders, face partner's position.
- 3-4 1st couple cast off one place while 2nd couple, giving right hands, cross to top place on the opposite side.
- 5-8 1st couple, giving both hands, turn once round to finish in the centre, 1st woman facing up, 1st man facing down.
- 9-16 1st woman dances a half reel of three with 2nd couple, giving right shoulder to 2nd man (in 2nd woman's place), **WHILE** 1st man dances a half reel of three with 3rd couple, giving right shoulder to 3rd man.
- 1st couple dance another half reel of three, 1st woman with the 3rd couple (at the bottom) and 1st man with the 2nd couple (at the top).
- On the final two bars of the reel, 1st couple turn halfway with both hands to finish on own sides in the centre, facing down.
- Note: This is a full reel of three for the 2nd and 3rd couples.
- 17-24 2nd, 1st and 3rd couples dance mirror reels of three on the sides, 1st couple dancing in and down to begin. Take nearer hands whenever possible. Corners curl into place at the end of the reels.
- 25-28 1st couple repeat bars 1-4 with 3rd couple. All couples are now on opposite sides.
- 29-32 All couples, giving both hands, turn one and half times to finish on own sides.
- Repeat with a new top couple.

Devised by Brenda Porter and Gerry Gray on the occasion of Pat Kent receiving the RSCDS Scroll of Honour.

Music: "Selection of Strathspeys 6x32" on *Any Good Dance, Any Good Tune* by Bobby Brown and the Scottish Accent.

