

Mhairi and I

40-bar jig for four couples in a four-couple longwise set

- 1-8 Variation on figure of eight: 1st couple dance down two places,
 out between 3rd and 4th couples on own sides, down below 4th couple.
 1st couple dance up one place, out between 3rd and 4th couples on own sides,
 to end in second place on own side of dance (2nd couple stepping up on 7-8).
- 9-16 All four couples, taking hands on the side, advance for two, retire for two. Repeat.
- 17-24 1st and 3rd couples set and link. 1st and 4th couples set and link.
- 25-32 2nd couple with 3rd couple, 4th couple with 1st couple,
 dance right hands across and left hands across.
- 33-36 1st couple dance up one place and cast off around 4th couple.
- 37-40 Giving right hands, 1st couple turn once round.
 Repeat, having passed a couple.

- 1-8 *Mhairi and I wend our way down the trail to the long sandy beach.*
 9-16 *We see the sparkling waves rolling onto the shore.*
 17-24 *Sea gulls, piping plovers, and sandpipers work their way along the tide's edge,
 seeking the breakfast treasures brought by the Atlantic Ocean.*
 25-32 *We often meet other dogs and owners, greeting old friends and making new ones.*
 33-40 *It's time to go home, but we promise each other to return again.*

*This is a story dance about the regular walk I take with my dog Mhairi, a yellow
 labrador, at Rainbow Haven Beach, Cole Harbour, Nova Scotia.*

Devised by Patricia Miles (2015)

Recommended music: "Mhairi and I" on the CD *Spark O' Water*,
Music for Scottish Country Dancing by Keith Smith and Muriel Johnstone.

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