

## The Mayflower

32-bar reel – Round the room dance

A double circle of dancers with the men on the inside (backs to the centre) facing their partners.

- 1-2 All set.
- 3-4 Giving right hands, all change places with partner.
- 5-8 Repeat bars 1 – 4, again giving right hands.
- 9-16 All the women dance a figure of eight round the men,  
 going diagonally to their right to start and passing that man by the right shoulder.  
 Then round their partner, passing him by the left shoulder back to place.
- 17-24 All the men dance a figure of eight round the women,  
 passing the woman diagonally to his left by the left shoulder and then his partner,  
 passing her by the right shoulder.  
 Finish beside his partner in promenade hold, facing anticlockwise.
- 25-28 All promenade for four steps.
- 29-32 All the men stand still, while the women continue round, passing one man  
 and finishing with the next man.
- Repeat with new partner.

Devised by Pat Kent

**Theme:** *The Mayflower is the provincial flower emblem of Nova Scotia. This dance was first performed at the Nova Scotia Family Dance Camp to introduce Scottish Country Dancing to folk dancers, ballroom dancers and square dancers, and it became a favourite of the camp.*

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Recommended music: "The Mayflower" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone

