

The Golden Years

A 32-bar strathspey for three couples in a four-couple longwise set

1-8 1st couple lead down the middle and up, finishing in the centre facing up.

9-16 1st, 2nd and 3rd couples dance reels of three on the sides:
1st couple, cast to begin
2nd couple, dance in and up
3rd couple, dance out and up.
All couples join hands in the centre, as they meet.
At the end of the reel, 1st couple finish on the sides facing out.

17-20 1st couple cast off one place, 2nd couple stepping up.
1st couple, passing by the right shoulder, dance around each other
to finish 1st woman facing 2nd couple, and 1st man facing 3rd couple.

21-24 1st woman with 2nd couple, and 1st man with 3rd couple circle to the left,
1st couple breaking the circles to form ...

25-32 Six hands round to the left and back.
Repeat, having passed a couple.

Choreographed by Pat Kent of Dartmouth, Nova Scotia, Canada. Printed with permission from Paul Kent.

Dedicated to Mac and Mary Gray on the occasion of their 50th Wedding Anniversary
16th March, 1995.

The dance depicts:

1-8 *The marriage of Mac & Mary.*

9-16 *Their journey to Canada.*

17-32 *Their unending help, support and encouragement shown to each other, their family and to all people they have encountered, whether Scottish country dancers, work colleagues, skaters, or students.*

THE GOLDEN YEARS		8x32 S		
↔↔	∞∞ ∞∞ join hands	1 ↗ ↘ ↗ ↘	2 1 ① 3 3	2 1 3 8

Pat Kent, 1995

3C/4C longwise set.