

## MY GOLDEN BEAR

A 4 couple 32 bar "rolling" jig.

**1-4** 1C cross right hand and cast off one place, 2C step up on 3 and 4. Similarly 4C cross right hand and cast up one place, 3C step down on 3 and 4.

**5-8** 2C and 1C dance 4 hands across, finishing with 1L facing 2M, and 1M immediately behind her.

4C and 3C similarly 4 hands across finishing with 4M facing 3L, and 4L immediately behind 4M.

**9-16** 1C, 4C dance "corners pass and turn in (lead change ) tandem". To wit:

9-12 While 2M and 3L turn right hand and return to places, 1C dance out to first man's place, with lead change, so that 1M is in front of 1L on bars 11 and 12. Similarly for 4C so that now the 4L is leading.

1C and 4C will pass collective right shoulder to dance into bars 13-16, finishing 1M (with 1L behind) facing 3M who is in 4th place, and similarly 4C finishing facing first lady's place.

13-16 Repeat this with 2L and 4M, again lead changing.

1C and 4C will again pass right shoulder (1L and 4M leading). 1C will be in second place in from the sidelines and 4C in third place similarly, flowing into...

**17-20** 1C and 4C dance 4 hands across. At the end 1C finish with nearer hands joined facing up, and 4C down.

**21-24** 1C dance up between second couple and cast into second place on own sides, similarly 4C dance down between 3C and cast up into third place, all on own sides.

**25-32** 1C and 4C dance a chain progression.

Finishing order 2, 4, 1, 3. Repeat from new positions.

Devised 5th August 2016. For my wife Kristin, my bear, for her 60th birthday; especially in appreciation of her work in Johnsonville's "golden" year. Recommended music is "Dovecote Park" by James Braidwood played AABB (The dance is ABBC or ABBA, but the tune is too familiar to change how the tune is played to suit the dance. When I had a musician change for me to try out it felt weird.). Unfortunately, there is no recorded music of this tune in the correct form. Thus for recorded music, I suggest "Mrs Seller's Favourite" by Charles Grant which is the lead tune for "Off She Goes in the North", and either the recordings of David Anderson and his S.D.B. (Highlander Music Vol. 8), or Colin Dewar (Music for book 18), or (best of all) Stan Hamilton (Memory Lane) would be appropriate. The music needs to be very steady to enable the central figure.