

## NORDFJORDEID

A 2 Couple 32 bar jig.

**1-4** 1C and 2C dance forward and pass partner right shoulder and turn to the right. The couples should not dance to the other side, but remain reasonably close. They then dance in the direction they are facing, men down and ladies up, turning right again and then right again back to own sides into progressed places. ("Pass Right Progression"-but it hardly merits a name)

(To wit: The men have the 2nd man leading, dance down to second place, turn right, dance to own side, turn right and then dance up the men's side, the finishing in order 2nd man at the top and first in second place; the ladies symmetrically, but starting upwards.)

**5-8** 2C and 1C dance four hands across finishing in the middle with both hands joined with partner.

**9-10** 2C and 1C slip down the set.

**11-12** The ladies turn with Pas de Basque on the spot under the man's raised left arm. (That is, the ladies turn *towards* their partner.) The men set on the spot beginning on the left foot.

**13-16** Repeat 9-12 but this time up the set and the ladies turn under the right arm, again towards their partner, this time both dancers begin on the left.

**17-24** 2C and 1C dance 4 four hands round and back, finishing on the sidelines.

**25-32** 1C dance a figure of eight crossing up to begin.

Repeat having passed a couple.

Devised 7/7/2017 as a simple ceilidh style dance for our *Viking* themed social on 8/7/2017, with many partners coming to the social.

Nordfjordeid is a town on one of the northerly fjords in Norway (Nordfjord), and is the birthplace of Sophus Lie. I spend a week there at a conference in the Sophus Lie Center. It is surrounded by quite high glacial hills fully equipped with lovely walks and waterfalls. It is the only place I have been where, for the week I was there, the sun did not set (yet the temperature did not exceed 7 degrees C, either).

Recommended tune is "Joan C. Mackenzie" by Alastair Downie and an excellent recording can be found in "Dance with the London Highland Club" (Set of Jigs) by Frank Reid and his band. A suitable alternative tune would be any reasonable recording of "Farewell to the Tay" which is the lead tune to "The Hollin Bus". An excellent recording can be found on "Just as it was" by Alastair Fraser and Muriel Johnston.

**Teaching Notes:** In the pass right progression, it is important that the dancers do *not* dance to the opposite side before turning right. They should try to pass on bar 1 and immediately turn right.