

THE FALLS OF LANA

By Lee Fuell and Patty Lindsay

A 32 bar reel for three couples in a four-couple longwise set.

Recommended recorded music: "Shetland Reels," Track 2 from *Steppin' Out* by John Taylor and Andrew Imbrie

<u>Bars</u>	<u>Description</u>
1 – 8	1 st woman, followed closely by her partner, casts behind 2 nd woman, dances across the set, casts around 3 rd man, and dances up the center to finish facing her first corner. 1 st man finishes facing his first corner. ¹ 2 nd couple steps up on bars 7 and 8.
9 – 16	Set to corners and partner. On bar 15, 1 st couple sets to each other up and down the set and on bar 16 sets advancing and turns right about to finish back-to-back in the center of set, 1 st man facing up and 1 st woman facing down.
17 – 24	Right-shoulder reels of three across the set in six bars (17-22). 1 st couple begins the reels by passing right shoulder with the person on their right (1 st man with 2 nd woman and 1 st woman with 3 rd man). 1 st couple ends the reels with 1 st couple in the center, right shoulder to right shoulder facing opposite sides. On bars 23 and 24, 1 st couple turn $\frac{3}{4}$ with right hands to second place on own sides.
25 – 32	2 nd , 1 st and 3 rd couples dance six hands round and back.

The Falls of Lana are near Salisbury, Addison County, Vermont, USA and are easily accessible if you don't mind scrambling over some rocks uphill along a pipeline. The view is worth the trouble, as is Silver Lake if you continue up the trail for another hour or so and 500+ feet elevation. Photos of the Falls of Lana can be seen at:

<http://www.northeastwaterfalls.com/waterfall.php?num=128&p=0>. Bars 1-8 represent the trail to Silver Lake, 9-16 greeting other hikers on the trail, 17-24 the tumbling and roiling waters of Sucker Creek over the falls, and 25-32 is Silver Lake at the top.

¹ 1st man should catch up with 1st woman slightly during the chase so as to be dancing right behind her in tandem in order to be able to finish in the center of the set, back to back facing first corners by the end of bar 8.