

# GUDE ALE KEEPS THE HEART ABOON

*Chorus - O gude ale comes and gude ale goes;  
Gude ale gars me sell my hose,  
Sell my hose, and pawn my shoon—  
Gude ale keeps my heart aboon!*  
- Robert Burns, 1795

*By Lee Fuell*

A 32-bar reel for three couples in a four-couple longwise set.

Lead tune: *The Ale is Dear* (trad.). Suggested recording: *The Highlandman Kissed His Mother*, Tullochgorum (Gie Us Tulluchgorum)

<u>Bars</u>	<u>Description</u>
1-8	1 <sup>st</sup> couple set, dance a half figure of eight around 2 <sup>nd</sup> couple, then dance in and down to finish back to back facing opposite sides in position as for double triangles (2 <sup>nd</sup> couple step up on bars 7 & 8). (1 <sup>st</sup> couple may take near hands briefly as they dance in and down on bars 7 & 8.)
9-12	1 <sup>st</sup> couple and corners set as in double triangles, then 1 <sup>st</sup> couple and first corners turn with right hands to finish in position as on bar 9.
12-16	1 <sup>st</sup> couple and corners set as in double triangles, then 1 <sup>st</sup> couple and second corners turn with left hands to finish in position as on bar 9.
17-24	1 <sup>st</sup> couple and corners dance inverting double triangles (1 <sup>st</sup> couple and corners set as in double triangles, then all advance setting and turn right about so 1 <sup>st</sup> couple is in second place on opposite sides facing in and 2 <sup>nd</sup> and 3 <sup>rd</sup> couples are back to back in the center facing out. All set with hands joined, then all advance setting and turn right about to finish in position as on bar 9 (1 <sup>st</sup> couple back to back in the center facing out)).
25-32	1 <sup>st</sup> couple dance out opposite sides and cast around their first corners to face each other up and down in the center of the set, then turn 1 ¼ times with the right hand to finish in second place on own sides ready to begin again. (If desired, 1 <sup>st</sup> couple may substitute a Tulloch turn or birl for the right hand turn at the end of the dance.)