

Karen Bendisch & Thomas Breuer – 1 June 2002

# Twists and Turns

A strathspey for three couples in a straight four-couple set

BARS	DESCRIPTION
1–8	1st and 2nd couples dance the Espagnole as follows:
1–2	1st and 2nd women dance across the set to the men's side, 1st woman crossing 2nd woman over by the right. At the same time 1st and 2nd men dance across the set to the women's side, passing outside the women's figure.
3–4	1st and 2nd men dance across the set back to the men's side, 1st man crossing 2nd man over by the right. At the same time, 1st and 2nd women dance across the set back to the women's side, passing outside the men's figure. [1st and 2nd couples have now changed places.]
5–8	2nd couple turn once round with right hands while 1st couple turn just over 1½ times round with left hands to finish facing second corners.
9–12	1st couple loop round second corner positions by the right. On bar 12, 1st couple dance round each other by the left shoulder (no hands) to finish facing first corners. Meanwhile, 2nd and 3rd couples advance diagonally towards the centre of the set (two steps) and retire to places (two steps).
13–16	1st couple loop round first corner positions by the right and dance diagonally across the set on 15–16 to finish in second place on own sides. Meanwhile, 2nd and 3rd couples advance diagonally towards the centre of the set and retire again to places.
17–20	2nd, 1st and 3rd couples turn partners halfway round with both hands and stay in the centre. They let go hands, pull right shoulders back and cast out to the opposite side.
21–24	2nd, 1st and 3rd couples repeat bars 17–20 back to their own sides.
25–32	2nd, 1st and 3rd couples dance six hands round and back.

Repeat, having passed a couple.

*I met Karen at my very first SCD workshop in the summer of 1991 and have run into her (figuratively) again and again.*

The perceptive reader will undoubtedly notice a striking resemblance between 1st couples' tracks in bars 9–16 of this dance and bars 17–24 of *Apple Wine & Georgia Peaches* (see page 6). As the saying goes, "well copied is better than badly invented", and as long as I'm copying myself who's to complain?