

SLÀINTE MHATH

4x32 R

1 2 3 4 S RA	1x 4x S LA	2x 4 1 3x 2x 4 1 3x S $T_{R\frac{1}{2}} \curvearrowright 1 \curvearrowleft 1 T_{R\frac{1}{2}}$	4 2 3 1 X_R S X_R 4 2 3 1 
3 4 1 2 DOUBLE FIGURES OF EIGHT 3 4 1 2	4 4 1 1 S 4 1 $T_{R\frac{3}{4}}$		