

THE DALSTON JIG

4x40 J

1 3 1 3 1 T_R 4 bars	1: 2 3: 2 to 2 3 4 1	2 4 R	3 4 1 2 S 3 4 1 2	4 3 2 1 S S S 3 2
4 2 3 1 RA	4 X_R 1	4 X_R 1	2 3 4 1 8 6 steps Pivot left	Chase to 2 3 4 1