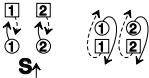


BUDAPEST BIRL

8x32 J

Helix



1 2

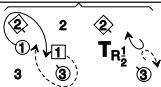
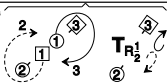
$T_{R\frac{1}{2}}$

1x 2x

RA



Corners
Pass
&
Twirl



3 **1** 2

RL

3 1 2

3 1 3

RL

2 **1** 2